



Daily Food Intake Record

Clay-Platte Family Medicine Clinic, P.C.
Partnering for Excellence in Health Care (816) 842-4440 www.ClayPlatteFamily.com

Name _____ DOB _____ Physician _____ Nurse _____

Date:	Breakfast Time _____	Total Carbohydrates	Lunch Time _____	Total Carbohydrates	Dinner Time _____	Total Carbohydrates
Date:	Breakfast Time _____		Lunch Time _____		Dinner Time _____	
Date:	Breakfast Time _____		Lunch Time _____		Dinner Time _____	
Date:	Breakfast Time _____		Lunch Time _____		Dinner Time _____	
Date:	Breakfast Time _____		Lunch Time _____		Dinner Time _____	
Date:	Breakfast Time _____		Lunch Time _____		Dinner Time _____	